



Come Join Our Summer Book Club With the Power of Now

We are excited to invite you to join us for discussion, exploration, and community as Amherst Yoga launches its first book club. This is a FREE event, and is being offered to expand our yogic experience to include thoughts and ideas that support the basic concepts of finding more peace and joy in our lives.

The Power of Now by Eckhart Tolle, promises to take us on a journey that will lead to a better understanding of ourselves, and to more conscious living. What better way to take this journey than together. Please come join us, and sign up NOW!!

When: Monday nights from 7:30 to 8:30 from July 6,
through July 27

Where: Amherst Yoga 17 Old Nashua Road, Amherst, NH

Registration: Call 603-673-7661 or email
info@amherstyoga.com